

KSHS TUCKSHOP

menu
Term 2, 2026

KSHS tuckshop is open from 8.00am for breakfast, morning tea and lunch, Monday to Friday. Different, delicious and nutritious food options are offered each day and many of the meals are cooked on the premises. There are also vending machines under B Block stocked with drinks and snacks that can be accessed from 6.00am until 5.30pm each day.

The canteen is self-service, where you collect your drinks and food and proceed to the checkout to pay with either cash or debit/credit card (preferred). Online ordering is not available as it doesn't work with the canteen style of the tuckshop, however, to avoid the queues and be guaranteed the food you prefer, you are welcome to pre-order and pay for your food between 8.00am and 8.50am on any morning at the tuckshop. Second break food can be pre-ordered at first break. Pre-ordered food is available for pickup from a hot-box that sits between the two registers, and can be collected without queuing.



All Day Everyday

Home Baked Cinnamon Scrolls	\$3.50
Cheese & Vegemite Scrolls	\$3.50
Flip Yoghurt vt	\$4.00
Up & Go (chocolate vanilla strawb caramel banana) vt	\$3.00
Yoghurt Tub vt gf	\$2.50
Milo Squeezie 150 ml	\$3.50
Tub of Cut Fresh Fruit	\$3.00
Mr T's Brownies vt (gf available)	\$3.50
Mr T's Muesli Slice vt	\$3.50
Homemade Choc Chip Oat Biscuit	\$2.00
Banana Bread & Mud Cake	\$4.00
Choc Chip Cookie vt	\$2.50
Iced Finger Bun	\$2.50
Red Rock Potato Chips gf (some vv)	\$2.00
Smiths Potato Chips gf (some vv)	\$2.00
Pirhana Snaps Vegetable Chips gf vt	\$2.00
JJ's Chicken Chips	\$2.00
Seaweed Crisps gf vv	\$1.40
Popcorn gf vv	\$1.00
Beef Jerky gf df	\$6.00
Harvest Pea Snaps	\$1.20
Tiny Teddies or Shapes Crackers	\$1.00
Sunbites	\$1.00
Crispy Fruit	\$2.00
Donski Salami Sticks	\$2.00
Tin of Tuna	\$2.00
Mainland Cheese & Crackers	\$2.50
Eucalyptus Drops	\$1.00
Fruit Gels	\$1.00
Roll-Ups Fruit Sticks	\$1.00
Kari Kari Rice & Peanut Cracker Mix	\$1.50

Cold Drinks

Nu-Pure Water 600ml	\$2.00
Sparkling Water 500ml	\$2.50
Plain Milk 500ml	\$3.00
Breaka Flavoured Milk 500ml	\$5.00
Breaka Flavoured Milk 300ml	\$3.00
Oak Flavoured Milk & Lactose Free 600ml	\$5.00
Oak Plus Protein 500ml	\$5.50
Ice Break Flavoured Milk & LF 500ml	\$5.50
Pauls Plus Protein 500ml	\$5.00
Almond Chocolate or Coffee Milk 330ml	\$4.50
Nippy's Chocolate or Coffee Milk 375ml	\$4.50
Moo Chocolate or Strawberry LL Milk 200 ml	\$2.50
Juicee Fruit Juice Popper 250ml	\$2.50
Orchy Fruit Juice 375ml	\$3.50
Krazy Lemon 500ml	\$5.00
Liptons Peach Iced Tea 500ml	\$5.00
Chill Aloe Drinks 500ml	\$3.50
Chill Iced Tea 250ml	\$2.50
Nutrient Water 575ml	\$4.50
Nippy's Sparkling Mineral Water 600ml	\$5.00
Waterfords Sparkling Juice 475ml	\$3.50
Staminade LemonLime Wild Berry 600ml	\$4.50
Mt Franklin Mineral Water Hint Lime Rasp	\$2.50
Juice Bomb Sparkling Juice 250ml	\$2.50
Coconut Water or H2 Passionfruit Juice 500ml	\$4.50
H2 Watermelon Water 500ml	\$4.00
Bare Sparkling Water 355ml - 3 flavours	\$3.50
Milkshake - different flavours each day	\$5.00

Everyday Breakfast

Bacon, Egg & Cheese Muffin	\$4.00
Mini Croissant with Ham & Cheese	\$2.00
Hash Browns gf vv	\$3.50
Ham & Cheese Toastie	\$3.50
Beef, Bacon, Cheese and Egg Pie	\$6.50



Everyday Morning Tea/Lunch

Assorted Fresh Sandwiches	\$5.50
2 Small Baguettes with Meat & Salad	\$5.50
Ham or Chicken & Salad Wrap	\$6.50
Hummus and Veggie Sticks	\$3.50
Assorted Salads (vegetarian)	\$6.50
Assorted Salads (meat)	\$8.00
Hot 2 Minute Noodle Cups (beef chicken mi goreng) vv	\$3.50
Garlic Bread Roll vv	\$3.00
5 Cocktail Vegetable Spring Rolls vv	\$3.00
Apple Crumble with Custard vt	\$4.00
Apple Crumble without Custard vt	\$3.00

Enjoy Your Meal

Daily Morning Tea and Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Mr T's Macaroni Cheese \$5.00	Fried Rice gf \$4.50	Pasta of the Day gf option available \$6.50	Mr T's Macaroni Cheese vt \$5.00	Butter Chicken and Rice gf \$6.50
Greek Beef Wrap \$6.50	Pizza - Garlic & Cheese vt \$4.00	Tandoori Chicken Wrap \$6.50	Souvlaki Chicken Wrap \$6.50	Nachos with Beef & Sour Cream \$5.50
Spicy Waffle Fries \$5.50	Pizza - Ham \$5.00	Pizza - Garlic & Cheese vt \$4.00	Wedges & Bacon, Cheese, Sour Cream gf \$5.00	Crispy Chicken Bao Tacos \$6.00
Chicken Burger \$6.50	Homemade Pie of the Day \$6.50	Pizza - Meat Lovers \$5.00	Chicken Burger \$6.50	Meatball Sub \$5.00
Meatball Sub \$5.00	1 Beef Slider \$3.50	Hot Dog Plain \$4.00	BBQ Pork Riblett Roll \$5.00	5 Chicken Goujons df \$3.50
Potato Gems gf vv or Chkn Nuggts gf \$4.00	5 Chicken Goujons df \$3.50	Potato Gems gf vv or Chickn Nuggts gf \$4.00	Sausage Roll \$4.00	Poke Bowl (Teriyaki or Karaage Chckn) \$8.00
Trav Beef Pie (Plain or Cheese&Bacon) \$5.00	Mini Dagwood Dog \$2.50	Traveller Beef Pie (Plain or Chse&Bacon) \$5.00	2 Mini Pies df \$2.50	Traveller Beef Pie (Plain or Cheese&Bacon) \$5.00
Cheese & Spinach Roll vt \$5.50	Sausage Roll \$4.00	Cheese & Spinach Roll vt \$5.50	2 Vegetable Spring Rolls vv \$3.50	Cheese & Spinach Roll vt \$5.50
3 Air Fried Veg Dim Sims vv \$3.00	Vegetarian Lasagne vt \$6.00	3 Air Fried Vegetable Dim Sims vv \$3.00	Sushi gf df vt vv as labelled \$4.00	3 Air Fried Vegetable Dim Sims vv \$3.00
3 Steamed Pork Dim Sims df \$4.50	2 Mini Pies df \$2.50	3 Steamed Pork Dim Sims df \$4.50	Poke Bowl (Teriyaki or Karaage Chicken) \$8.00	3 Steamed Pork Dim Sims df \$4.50
Sushi gf df vt vv as labelled \$4.00	2 Vegetable Spring Rolls vv \$3.50	Lasagne Topper \$3.50		Onigiri (various flavours) \$4.50
Poke Bowl (Teriyaki or Karaage Chckn) \$8.00		Onigiri (various flavours) \$4.50		

gf = gluten friendly; df = dairy free; vt = vegetarian, vv = vegan, however, while all care is taken - these foods may contain traces of those allergens. Just near the registers there are dispensers for help-yourself tomato sauce, bbq sauce, sweet chilli sauce and aioli.